

Ecclesiastical Modes

				<u>Range</u>	<u>Reciting Note</u>	<u>Final</u>
1	First Mode	Auth.	Dorian	D-d	a	D
2		Plagal	Hypodorian	A-a	F	D
3	Second Mode	Auth.	Phrygian	E-e	b	E
4		Plagal	Hypophrygian	B-b	a	E
5	Third Mode	Auth.	Lydian	F-f	c	F
6		Plagal	Hypolydian	C-c	a	F
7	Fourth Mode	Auth.	Mixolydian	G-g	d	G
8		Plagal	Hypomixolydian	D-d	c	G

New Modes of the Sixteenth Century

			<u>Range</u>	<u>Final</u>
9	Aeolian		A-a	A
10	Hypoaolian		E-e	A
11	Hyperaolian			
	(“over” aeolian, or Locrian)		B-b	B
12	Hyperphrygian		F-f	B
13	Ionian		C-c	C
14	Hypoionian		G-g	C

of the Church and the only modes allowed would be the Mixolydian, the Aeolian, the Ionian, the Dorian, the Phrygian, and the Lydian—but few people listened, and that’s where it all ended.

So here we sit with dulcimers in hand. If you want simple music, uncomplicated music, here it is. If you want more complicated music, it began within these modes. If you want still more complicated music, you’d best go East.

SINGING

Open your mouth and let what is inside come out!

Initially this may seem difficult, but this difficulty will pass. Most people sing too low for their voice. They sing where it feels comfortable, which is usually