and a quality of strength and resolution.

To get into playing these chords, these diads, on the dulcimer, we'll start by numbering your fingers like this:

If you are to use the tips of your fingers to play a chord, we'll notate this with a capital "T," the number of the finger, and a circle around the notation. To show where this fingertip is placed, we'll locate the notation over the appropriate fret on the correct string.

The example means you place the tip of your middle finger on the unison strings at the fourth fret.

Now, if you are to lay one finger across all the strings to bar them, we'll show a "B," the number of the finger, and a circle around the notation, and place the notation over the fret to be barred.

In this case, lay your middle finger across the fretboard, depressing all the strings at the fourth fret. To add pressure to the bar, try placing a trailing left-hand finger (number 3) on top of the baring finger like this: